

September 2025

Fox Ridge North Little Rock SALUS



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Locations Activity Room (AR) Up Stairs (USP) Parlor (PA) Dining Room (DR) Theatre (TH) Salus Lifestyle Coach Office (SL)	Labor Day 10:00 AM - Exercise (AR) 10:30 AM - Devotional (USP) 1:00 PM - Puzzle Time (AR) 2:00 PM - Fire and Brimstone 3:00 PM - TSO History of the Great Wall (Travel Times) 3:00 PM - Crochet Group/ Parlor (PA)	10:00 AM - Chair Yoga (AR) 10:30 AM - Devotional (USP) 1:00 PM - Puzzle Time (AR) 1:00 PM - Bingo (DR) 2:00 PM - Foxhole 3:00 PM - Crochet Group/ Parlor (PA)	10:00 AM - Exercise (AR) 10:30 AM - Devotional (USP) 1:00 PM - Puzzle Time (AR) 1:00 PM - Garth Travis Band (PA) 2:00 PM - Ladies Gab 3:00 PM - Scenic Ride 3:00 PM - Crochet Group/ Parlor (PA)	9:00 AM - Book Delivery w/ Julie 10:00 AM - Chair Yoga (AR) 10:30 AM - Devotional (USP) 1:00 PM - Blackjack (DR) 1:00 PM - Puzzle Time (AR) 2:00 PM - Bingo (DR) 3:00 PM - Crochet Group/ Parlor (PA) 3:00 PM - Foxhole	Happy Birthday Lynda C. ! 10:00 AM - Exercise (AR) 10:30 AM - Devotional (USP) 1:00 PM - Origami Art (Travel Times) 1:00 PM - Puzzle Time (AR) 2:00 PM - Movie (TH) 3:00 PM - Crochet Group/ Parlor (PA)	10:00 AM - Chair Yoga (AR) 10:30 AM - Exercise Activity (AR) 10:30 AM - Devotional (USP) 1:00 PM - Puzzle Time (AR) 1:00 PM - Bingo 2:00 PM - Foxhole (SL) 3:00 PM - Crochet Group/ Parlor (PA)
10:00 AM - Exercise (AR) 10:30 AM - Devotional (USP) 1:00 PM - Puzzle Time (AR) 2:00 PM - Church Service (DR) 2:00 PM - Grandparent's Day Portraits 3:00 PM - Crochet Group/ Parlor (PA)	10:00 AM - Exercise (AR) 10:30 AM - Devotional (USP) 1:00 PM - Puzzle Time (AR) 1:00 PM - Jewlery Making Craft 2:00 PM - Trivia 3:00 PM - Crochet Group/ Parlor (PA)	10:00 AM - Chair Yoga (AR) 10:30 AM - Devotional (USP) 1:00 PM - Puzzle Time (AR) 1:00 PM - Bingo (DR) 2:00 PM - Foxhole 3:00 PM - Crochet Group/ Parlor (PA)	10:00 AM - Exercise (AR) 10:30 AM - Devotional (USP) 1:00 PM - Gentleman's Club 1:00 PM - Puzzle Time (AR) 1:00 PM - Reminiscing with Friends 3:00 PM - Crochet Group/ Parlor (PA) 3:00 PM - Scenic Ride	9:30 AM - Massages 10:00 AM - Chair Yoga (AR) 10:30 AM - Devotional (USP) 1:00 PM - Puzzle Time (AR) 1:00 PM - Blackjack (DR) 2:00 PM - Bingo (DR) 3:00 PM - Foxhole 3:00 PM - Crochet Group/ Parlor (PA)	10:00 AM - Exercise (AR) 10:30 AM - Devotional (USP) 12:15 PM - Walmart 1:00 PM - Puzzle Time (AR) 2:00 PM - Movie (TH) 3:00 PM - Crochet Group/ Parlor (PA)	10:00 AM - Chair Yoga (AR) 10:30 AM - Devotional (USP) 10:30 AM - Exercise Activity (AR) 1:00 PM - Bingo 1:00 PM - Puzzle Time (AR) 2:00 PM - Foxhole (SL) 3:00 PM - Crochet Group/ Parlor (PA)
10:00 AM - Exercise (AR) 10:30 AM - Devotional (USP) 1:00 PM - Puzzle Time (AR) 2:00 PM - Church Service (DR) 3:00 PM - Crochet Group/ Parlor (PA)	10:00 AM - Exercise (AR) 10:30 AM - Devotional (USP) 12:15 PM - Trolley Ride 1:00 PM - Puzzle Time (AR) 2:00 PM - Trivia 3:00 PM - Crochet Group/ Parlor (PA)	10:00 AM - Chair Yoga (AR) 10:30 AM - Devotional (USP) 1:00 PM - Puzzle Time (AR) 1:00 PM - Bingo (DR) 1:00 PM - Harry Blanton 2:00 PM - Foxhole 3:00 PM - Crochet Group/ Parlor (PA)	10:00 AM - Shellac and Shave 10:30 AM - Devotional (USP) 1:00 PM - Puzzle Time (AR) 1:00 PM - Lori Rogers 2:00 PM - Ladies Gab 3:00 PM - Crochet Group/ Parlor (PA) 3:00 PM - Scenic Ride	9:00 AM - Book Delivery w/ Julie 10:00 AM - Chair Yoga (AR) 10:30 AM - Devotional (USP) 1:00 PM - Blackjack (DR) 1:00 PM - Puzzle Time (AR) 2:00 PM - Bingo (DR) 3:00 PM - Samaritain's Child Christmas Boxes (DR) 3:00 PM - Foxhole	10:00 AM - Exercise (AR) 10:30 AM - Devotional (USP) 1:00 PM - Puzzle Time (AR) 1:00 PM - Wine and Cheese 2:00 PM - Movie (TH) 3:00 PM - Crochet Group/ Parlor (PA)	10:00 AM - Chair Yoga (AR) 10:30 AM - Exercise Activity (AR) 10:30 AM - Devotional (USP) 1:00 PM - Puzzle Time (AR) 1:00 PM - Bingo 2:00 PM - Foxhole (SL) 3:00 PM - Crochet Group/ Parlor (PA)
10:00 AM - Exercise (AR) 10:30 AM - Devotional (USP) 1:00 PM - Puzzle Time (AR) 2:00 PM - Church Service (DR) 3:00 PM - Crochet Group/ Parlor (PA)	10:00 AM - Exercise (AR) 10:30 AM - Devotional (USP) 12:00 PM - Carnival 1:00 PM - Puzzle Time (AR) 2:00 PM - Trivia 3:00 PM - Crochet Group/ Parlor (PA)	Happy Birthday Glenda H. ! 10:00 AM - Chair Yoga (AR) 10:30 AM - Devotional (USP) 1:00 PM - Puzzle Time (AR) 1:00 PM - Bingo (DR) 2:00 PM - Foxhole 3:00 PM - Crochet Group/ Parlor (PA)	10:00 AM - Exercise (AR) 10:30 AM - Devotional (USP) 12:30 PM - Crafts with Julie 1:00 PM - Booster 1:00 PM - Puzzle Time (AR) 3:00 PM - Crochet Group/ Parlor (PA) 3:00 PM - Scenic Ride	10:00 AM - Chair Yoga (AR) 10:30 AM - Devotional (USP) 1:00 PM - Blackjack (DR) 1:00 PM - Puzzle Time (AR) 2:00 PM - Bingo (DR) 3:00 PM - Foxhole 3:00 PM - Crochet Group/ Parlor (PA)	10:00 AM - Exercise (AR) 10:30 AM - Devotional (USP) 1:00 PM - Resident Council Meeting (DR) 1:00 PM - Puzzle Time (AR) 3:00 PM - Crochet Group/ Parlor (PA)	10:00 AM - Chair Yoga (AR) 10:30 AM - Devotional (USP) 10:30 AM - Exercise Activity (AR) 1:00 PM - Bingo 1:00 PM - Puzzle Time (AR) 2:00 PM - Foxhole (SL) 3:00 PM - Crochet Group/ Parlor (PA)
10:00 AM - Exercise (AR) 10:30 AM - Devotional (USP) 1:00 PM - Puzzle Time (AR) 2:00 PM - Church Service (DR) 3:00 PM - Crochet Group/ Parlor (PA)	10:00 AM - Exercise (AR) 10:00 AM - Hot Springs Casino 10:30 AM - Devotional (USP) 1:00 PM - Laman Library Book Club (AR) 1:00 PM - Puzzle Time (AR) 2:00 PM - Trivia 3:00 PM - Crochet Group/ Parlor (PA)	10:00 AM - Chair Yoga (AR) 10:30 AM - Devotional (USP) 1:00 PM - Puzzle Time (AR) 1:00 PM - Bingo (DR) 2:00 PM - Birthday Party 3:00 PM - Crochet Group/ Parlor (PA) 3:00 PM - Foxhole				

* Activities are subject to change